



Retired Staff Association (UERSA)



NEWSLETTER ISSUE 42
May 2018

Chair's message

Dear Friends

So, Summer is here at last I think! But the weather has certainly improved sufficiently after a damp and cold Spring to encourage our members to get out and about. The Gardens and Walking Groups are in full swing, while the Restaurant Group is taking members well out into the Devon countryside! And let's not forget the Groups which tend to stay indoors, but with plenty of action in the diverse areas of badminton, table tennis, cinema and wine tasting.

The UERSA Committee has also been conscious of the need to offer events, both instructive and social, for the general membership to enjoy. For instance, a recent outing to the Bill Douglas Cinema Museum on the Streatham Campus was particularly interesting, with a fascinating introduction to the exhibits by Dr Phil Wickham, the Museum's Director, which was a real encouragement to members to pay a second and longer visit. In this newsletter you can read about an upcoming concert by the University Chapel Choir, the reinstitution of the annual quiz, the UERSA summer party and a day trip to the University's Cornwall campus at Penryn. I do hope that you will feel inclined to support some or even all of these events.

One important concern that has taken up quite a bit of Committee time has been the implementation of new data protection regulations. We believe we have reached a conclusion that matches the requirements for organisations like ourselves and you can read more later in the newsletter.

Do enjoy the Summer.

David Batty

Forthcoming UERSA events

UERSA general events are found on the [website](#). If any member would like to advertise their forthcoming event in the newsletter, please do not hesitate to contact the newsletter editor [Sandy Day](#)

A quick reminder of some of the UERSA and [special interest groups](#) booked events for 2018:

University Chapel Choir Concert

Thursday 7 June, 7 pm

Details have already been circulated of the concert, to be held on Thursday 7 June at 7.00 pm in the Mary Harris Memorial Chapel specially for UERSA by the University Chapel Choir under its Director, Michael Graham. The Choir is looking forward to entertaining UERSA members with a thrilling programme of sacred and secular music, befitting of a summer's evening on campus. From the madrigals of Thomas Weelkes to choral arrangements of 20th century classics like *Bohemian Rhapsody*, the evening promises to be fun for all. After the conclusion of the concert, there will be wine and cheese refreshments in the Old Library, an ideal opportunity for the audience to meet the student members of the Choir. What could be better for a pleasant summer's evening entertainment?

If you haven't already booked for this event, it's still not too late! Contact David Batty (D.F.Batty@exeter.ac.uk) to reserve a place and, if necessary, pay at the door. Tickets are £5 each (cheques payable to the 'University of Exeter'). And guests don't have to be UERSA members.

UERSA summer party at the Exeter Cricket Club pavilion

Thursday 21 June , 3pm

Following last year's very successful event, Exeter Cricket Club's pavilion is again the venue for this year's UERSA Summer Party, to be held on Thursday 21 June between 3.00 and 5.00 pm. We are hoping for fine weather to enable UERSA members to enjoy the pavilion's balcony and view while enjoying sandwiches and a cream tea. Do please join us for this always very sociable event.

As in previous years, there is no charge to members for the tea and with the same caterers as last year, we are confident of an excellent standard. Glasses of Pimms – always a sign of summer and good cheer – will be on sale at £3.50 a glass. Car parking will be available on the Cricket Club surrounds, accessible from along the right-hand side of the Squash Club.

To attend, please complete the attached booking form (at the end of this newsletter) and send it as directed to Sue Cousins.

Gin Tasting evening at 21 The Mint

12th June, 7pm

Welcome to John Jacob, the new co-ordinator of the wine group. A big thank you goes to John Carroll who had successfully been the co-ordinator for a number of years.

John has organised something different with a Gin Tasting evening on Tuesday 12th June at 7pm. There will be 8 different gins, a variety of mixers and various enhancers. The tasting venue is at 21 The Mint. If you would like to attend and haven't yet completed the acceptance form circulated on 2nd May please contact John Jacob via the contacts list on the website.

Quiz at the Isca Centre, Summer Lane, Exeter
19th June, 7pm

The cost will be £5.50 per head, to include light refreshments about half way through.

Please return the application form, attached to this newsletter, as soon as possible and enclose a cheque made payable to the University of Exeter.

You are welcome to bring guests, but please let me know how many and include the cost in your cheque.

Linda Hale

Note from the Bridge Club

Dear UERSA members. As I expect the Bridge Players amongst you will already know, the UERSA Bridge Club became defunct for lack of support, a few years ago. However Paul Ellison and I are members of a small very friendly and relaxed club that play duplicate bridge on Tuesdays in Crediton. (Paul used to run the UERSA club). We would like to offer any members of UERSA who are looking for a Bridge Club or even a second club, to consider joining The Crediton Bridge Club. The table fee is £2.50 (free for the first visit and no annual subscription) If you are interested either contact me (roger.seebold@gmail.com) or the club secretary Graeme Culshaw 01392860203 (graemeculshaw@yahoo.com) for further details

Roger Seebold

UERSA trip to Penryn
Wednesday 4 July, 8am

A DAY OUT IN CORNWALL!

The University is now a major educational force in Cornwall. Some of the most innovative academic work at the University is being carried out on the campus at Penryn near Falmouth. Not only is Penryn home to the Camborne School of Mines and sections teaching Biological Sciences, English, History, Geography and Business amongst others, it also houses the Environment and Sustainability Institute and a new £1.77m Renewable Energy Engineering Facility in an impressive array of buildings funded in part by the European Union. And in sharing the campus with Falmouth University, there is a lively mix of students which has had a huge impact on the local economy.

If you have never been to the Cornwall campus, or haven't been for some years, here's a chance to visit a genuinely exciting part of the University by joining a UERSA trip to Penryn on Wednesday 4 July. A coach leaving Exeter at 8 am will take us down to Cornwall for the day out, returning home by about 7 pm. See the form attached to this newsletter for further details. At only £15 for the day, this is a snip!

Recent UERSA events

Garden Group



The first garden group visit of 2018 to **Caerhays Castle and Gardens** on Monday 26th March was a great success. The castle is English Heritage Grade 1 designed by John Nash and the 140 acre gardens were made famous by the Williams family. The gardens hold the National Collection of magnolias containing over 600 species. The weather was dull, but we all had a good time, and some of us found time to venture to the beach. The return trip was eventful in itself, as we witnessed the coach driver manoeuvre tight corners and lanes – that alone was a lasting memory!



Wine Tasting

Lauren from Regency Wines gave members a real treat with a range of Chilean wine and matching foods. Everyone came away full of knowledge about organic, biodynamic, natural wines and chickens!!.

Thanks to Roger Seebold and his wife for organising the evening.

Restaurant Group Lunch at Paschoe



A group of 14 enjoyed the wonderful setting at Paschoe and the beautiful food. It has views of a verdant valley and the rooms have been renovated stylishly. Liz wrangled us a look at a couple of the bedrooms too and we would have happily stayed. The stuffed ostrich above the fireplace in the bar was a talking point and we joined in the competition to name him. Barry was popular with the waitress as an option. The relaxed atmosphere meant that 4 of us lingered until 4pm and I will certainly be back! Many thanks to Liz for introducing us to this stunning location.

Review by Chris Austin.



University of Exeter News

Is it safe to go back in the water? A systematic review and meta-analysis of the risk of acquiring infections from recreational exposure to seawater was carried out by the **Medical School and Centre for Ecology and Hydrology**. It concluded, compared to non-sea swimmers, the likelihood of developing an earache increases by 77% and for gastrointestinal illness rises by 29%. (*BBC South West, February*)

Daily chats improve dementia sufferers' lives. **Prof Clive Ballard of the Medical School** led the research involving 800 people with dementia, in 69 care homes, over a nine-month randomised controlled trial. One-to-one interaction significantly reduced the residents' anger and agitation, the study found. (*Source: PLOS Medicine and BBC February*)

The University of Exeter has been ranked amongst the top 50 most international universities in the world. We ranked 48th in the latest Times Higher Education league table of the global 200 most international universities, published in March 2018. (*Source: Compiled by THE, March*)

Students occupied the John Usher Room in **Northcote House on the Streatham campus** for over 29 hours in March, as part of a protest against pension cuts by Universities UK (*March*)

The **University** is investigating allegations that members of the **Bracton Law Society** (BLS) made racist comments in a WhatsApp messaging group. Screenshots of remarks from the private group were shared on Facebook by an undergraduate. The university had suspended pending 'major investigation' five students, and 1 member of the group has had his place on a grad scheme revoked. (*The Times, March*) The five students have now been expelled from the university (*Independent, May 2018*)

A recent study involved a group of Diabetes Alliance for Research in England patients looking at inter-arm differences in blood pressure. **Dr Christopher Clark, an Academic Clinician at the University**, has found that inter-arm blood pressure differences could delay or prevent the diagnosis of high blood pressure and underlying health problems if the lower arm reading is recorded. The results help to support the recommendation that blood pressure should be measured in both arms of patients diagnosed with diabetes. (*NIHR Exeter Clinical Research Facility, Winter Newsletter 2018*)

Professor Andrew Hattersley, Professor of Molecular Medicine at the University of Exeter Medical School was awarded a CBE in the Queen's birthday honours list for his work in revolutionising global diagnosis and treatment of genetic forms of diabetes. (*NIHR Exeter Clinical Research Facility, Winter Newsletter 2018*)

The **University of Exeter** has confirmed that it is no longer associated with one the directors of scandal-hit Cambridge Analytica. It was revealed that the company's managing director Mark Turnbull was an honorary fellow at the **Exeter University Strategy and Security Institute**. The university confirmed that his status has now been revoked. (*Source: DevonLive, March 2018*)

Common fungal infections are "becoming incurable" with global mortality exceeding that for malaria or breast cancer because of drug-resistant strains which "terrify" doctors and threaten the food chain, a new report has warned.

Writing in a special "resistance" edition of the *Journal Science*, researchers from Imperial College London and **Exeter University** have shown how crops, animals and people are all threatened by nearly omnipresent fungi. "Fungal infections on human health are currently spiralling, and the global mortality for fungal diseases now exceeds that for malaria or breast cancer," the report notes. (*Source: Independent May 2018*)

REMINDER

UERSA committee members list can be found [here](#)

Newsletter publication dates

End of May
End of September
End of January

Just for fun Where am I?

1.



2.



3.



NEW DATA PROTECTION REGULATIONS

Members on UERSA's email circulation list will have already been made aware that the processes by which organisations like UERSA communicate with their members will be subject to new General Data Protection Regulations (GDPR) which take effect from 25 May 2018. The UERSA Executive Committee has decided to rely on what the new legislation calls "legitimate interests" whereby we undertake to use the data we hold to keep you, as a UERSA member, informed of our activities during the current year and of the need to renew your membership at the appropriate time. In doing so, we will respect any mailing preferences that we currently hold on file for you.

UERSA is committed to protecting the data it holds of its members, working in accordance with relevant data protection legislation. To this end, the Executive Committee has adopted a data protection and privacy policy with immediate effect. This sets out how we process the data we collect and details your rights under the GDPR and domestic legislation. The **new policy is attached to this newsletter** and has also been uploaded to the UERSA website; please take a moment to read it. Our membership/subscription renewal forms are also being amended accordingly.

If you have any queries about data protection in the UERSA context, please contact Wojtek Krzanowski, our Membership Secretary.

Some 2018 local event dates for your diary:

June	
8 May – 18 Nov	Exeter's Fine Art Collection: Childhood <i>For further details click here</i>
1 – 3 June	Kingsbridge Food & Music Festival Featuring local tastes and sound. <i>For further details please click here</i>
2 – 7 June	Flower Festival 2018 'In Our Element' Credon Parish Church Free admission. <i>For further details click here</i>
3 June	Exeter - Inside Outside Craft & General Markets Transit Shed, Exeter Quay 10 – 5pm Free admission On the 3 rd Sunday of each month until 7 October
8-10 June	The Contemporary Craft Festival Mill Marsh Park, Bovey Tracey <i>For further details click here</i>
17 th June	Brixham Trawler Race Brixham Quay Free <i>For further details please click here</i>
28 June	Local History Tour Royal Albert Memorial Museum 2 – 3 pm £5.00 <i>For further details click here</i>
30 June – 1 July	Topsham Food Festival <i>For further details click here</i>

July

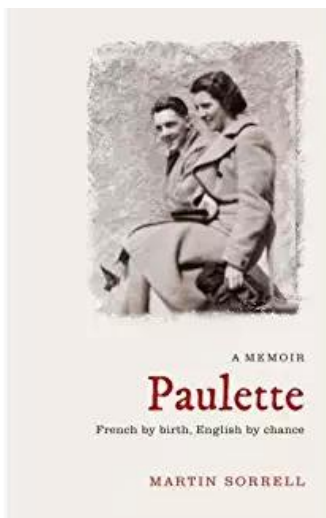
5 – 7 July	Exeter Craft Festival 2018 Cathedral Green, Exeter <i>For further details please click here</i>
7 July	WW1 Memorial Concert, Plymouth Phoenix Chorale, Plymouth Guildhall 'For the Fallen' <i>For further details click here</i>
14 July	Exeter Cathedral - Claudio Monteverdi Vespers of 1610 7.30pm <i>For further details click here</i>
24 – 28 July	Dartmouth Shakespeare Week <i>For further details click here</i>
28 July	Tiverton Mid Devon Show, Knightshayes <i>For further details click here</i>

August

3-10 Aug	Sidmouth Folk Week <i>For further details please click here</i>
11-18 Aug	Salcombe Regatta Free <i>For further details please click here</i>
30 Aug -1 Sept	Port of Dartmouth Regatta <i>For further details please click here</i>

September

13 September	Antiques Road Show Buckfastleigh <i>For further details please click here</i>
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Paulette **French by birth, English by chance** **by Martin Sorrell**

I'm sure many UERSA members would like to be made aware of the memoir Martin Sorrell has written, and which was published a month ago. It's entitled 'Paulette: French by birth, English by chance'. It's based on the long life of his mother, born in 1916 in Auvergne, and it covers two World Wars, the Spanish Civil War, Verdun, shell shock, conscientious objection, imprisonment, mental illness -- and normal life too, teaching careers, Martin's own childhood in the 50s -- and goes right through to her death in Weston-super-Mare hospital in 2010.

The book was featured (glowingly) in the Western Morning News, weekend supplement, on 24th March. It will also be reviewed in the Times Literary Supplement. Following a successful talk at St Thomas Library about the book, Martin plans to give further talks at literary festivals later in the year.

Details: Martin Sorrell, 'Paulette', publ. by Impress Books Ltd, 2018. ISBN 13: 978-1-911293-16--3 (paperback) and ISBN 13: 978-1-911293-17-0 (ebook). Available from all good bookshops and [Amazon](https://www.amazon.co.uk/dp/1911293163).

THE UNIVERSITY OF EXETER **MENTORING SCHEME**

The University of Exeter are seeking board members with experience who would like to engage with our Women on Boards mentoring scheme as mentors. We aim for every engagement to be bespoke and adapted to the Mentees': current situation, development areas, personality and anticipated trajectory. If you are interested in helping to shape and develop the future of boards and its pipeline please register your interest by emailing Bryony Vandenberg, Learning and Development Manager at b.vandenberg@exeter.ac.uk

Notices

Deaths:

David Morrish on 14 February. David was a Geography Lecturer in the School of Education and was very active in the Liberal Party, having served on Exeter City Council and Devon County Council for many years, and stood as the Liberal Party candidate in a number of parliamentary elections.

Margaret Abel, wife of Professor Eddie Abel, former Deputy Vice-Chancellor, died on 4 February aged 83. Eddie was our first UERSA President. A memorial service for Margaret was held at the University Chapel in March.

David Perrott on 14 March. He was an Exeter graduate (LL.B. 1960) and was Reader in Business Law at the time of his retirement. He had also served a term as Dean of the Faculty of Law.

Answers to Where am I?

1. *Great Mis Tor, Dartmoor*
2. *Kingsbridge*
3. *Torre Abbey*

For further updated information please visit the UERSA [website](http://groups.exeter.ac.uk/uersa/index.html) :
<http://groups.exeter.ac.uk/uersa/index.html> (Web Editor: Roger Coles)



RETIRED STAFF ASSOCIATION

DATA PROTECTION AND PRIVACY POLICY

(Adopted May 2018)

Introduction

The University of Exeter Retired Staff Association ('UERSA') is committed to protecting the data it holds of its members, working in accordance with relevant data protection legislation. Members' data is used solely for UERSA activities. This policy explains how UERSA processes and uses the personal data it collects.

Principles

In line with the Data Protection Act 1998 principles, UERSA will ensure that personal data will:

- Be obtained fairly and lawfully and shall not be processed unless certain conditions are met
- Be obtained for a specific and lawful purpose
- Be adequate, relevant but not excessive
- Be accurate and kept up to date
- Not be held longer than necessary
- Be processed in accordance with the rights of data subjects
- Be subject to appropriate security measures

The definition of 'Processing' is obtaining, using, holding, amending, disclosing, destroying and deleting personal data.

Data Details

UERSA holds the following data electronically about its members:

- Name of member and, if appropriate, of a member's spouse/partner
- Address
- Telephone number (where supplied)
- Email address (where supplied)
- Subscription status
- Indicated preferences for UERSA special interest groups

UERSA will retain such data during the life of a subscription and for no more than one year following the cessation of a subscription.

Data Use

UERSA uses the data held to communicate its activities to members through emails, newsletters and notices of special events; and also to respond to enquiries from members. Communications may be sent by email or post depending on members' preferences.

The database is used also to compile separate special interest group mailing lists comprising contact details of only those members who have specifically requested association with a particular group.

Membership Data Enquiries

Any member whose personal information is processed by UERSA has the right to know: what information it holds and processes on them; how to keep it up to date; what we are doing to comply with the Act. They also have the right to prevent processing of their personal data in some circumstances and the right to correct, rectify, block or erase information regarded as inaccurate. Any enquiries should be first directed to the UERSA Membership Secretary.

Sharing of Data

Members' details will be used only for the purpose of providing members with information about UERSA and its activities and will not be released to any third party.

Data Protection

Members' data is held securely by the UERSA Membership Secretary on the UERSA database.



RETIRED STAFF ASSOCIATION

TRIVIA FUN QUIZ

Tuesday 19th JUNE 2018

At 7p.m. at

The Isca Centre, Summer Lane, Exeter

(our usual very pleasant venue with plenty of parking)

Cost : £5.50 per person

which includes light refreshment

(i.e. pasties (in halves), variety of sandwiches, selection of crisps and salad)

(drinks – including tea and coffee - can be bought separately at the bar)

Please Note : the closing date for receiving applications is Tuesday 5th June 2018.

Please send the completed slip below to Linda Hale, 39 Howard Close,
Exwick, Exeter EX4 2LX, tel. no. 01392 210498.

I/we would like to come to the Trivia Quiz on Tuesday 19th June 2018

Name(s).....

Address(es).....

Tel.....Email.....

Number attending.....

I/We enclose a cheque payable to the **UNIVERSITY OF EXETER** for £.....



RETIRED STAFF ASSOCIATION (UERSA)

SUMMER PARTY 2018

Following last year's very successful event, Exeter Cricket Club's pavilion is again the venue for this year's UERSA Summer Party, to be held on Thursday 21 June between 3.00 and 5.00 pm. We are hoping for fine weather to enable UERSA members to enjoy the pavilion's balcony and view while enjoying sandwiches and a cream tea. Do please join us for this always very sociable event.

As in previous years, there is no charge to members for the tea and with the same caterers as last year, we are confident of an excellent standard. Glasses of Pimms – always a sign of summer and good cheer – will be on sale at £3.50 a glass.

Car parking will be available on the Cricket Club surrounds, accessible from along the right-hand side of the Squash Club.

Following up on an initiative introduced last year which raised over £100 for Hospiscare, we shall again be inviting voluntary contributions at the party in support of a needy charity. Details will be circulated shortly.

It's important that we have accurate numbers of those attending. So please complete and return the form below to me at 21 Chantry Meadow, Alphington, Exeter EX2 8FT or reply by e-mail, **no later than 7 June**. And if you then have to drop out thereafter for any reason, please tell me ASAP.

The UERSA Committee looks forward to welcoming you on 21 June.

Susan Cousins

To: Susan Cousins, 21 Chantry Meadow, Alphington, Exeter EX2 8FT
(scousins@talktalk.net)

I/We should like to attend the UERSA Summer Garden Party on Thursday 21 June at 3.00 pm at the Exeter Cricket Club pavilion.

Name(s): _____

E-mail: _____

Telephone: _____



RETIRED STAFF ASSOCIATION

VISIT TO THE UNIVERSITY CAMPUS AT PENRYN WEDNESDAY 4 JULY 2018

The University is now a major educational force in Cornwall. Some of the most innovative academic work at the University is being carried out on the campus at Penryn near Falmouth. Not only is Penryn home to the Camborne School of Mines and sections teaching Biological Sciences, English, History, Geography and Business amongst others, it also houses the Environment and Sustainability Institute and a new £1.77m Renewable Energy Engineering Facility in an impressive array of buildings funded in part by the European Union. And in sharing the campus with Falmouth University, there is a lively mix of students which has had a huge impact on the local economy. If you have never been to the Cornwall campus, or haven't been for some years, here's a chance for UERSA members to visit a genuinely exciting part of the University.

So that we can get the best out of our day in Cornwall, we start early from Exeter and will arrive back in the early evening. But it's summer, the days are long, so it will mean there's no travel in the dark but plenty of lovely views from the coach on the way! Our schedule will be as follows:

We shall depart by coach at 8.00 am from the Toby Carvery at Middlemoor, Exeter. Cars can be left in the back car park of the Inn, with a donation of £1 per car given to the Hotel Reception on the day. We'll aim to arrive at Penryn between 10.30 and 11 am when we'll be welcomed with a cup of coffee/tea. Our day will include tours of and introductions to the Camborne School of Mines, the Environment and Sustainability Institute, the Centre for Ecology and Conservation and the Renewable Energy Engineering Facility. We shall also have the opportunity to hear from the Cornwall student representatives. A buffet lunch is included in the arrangements for the day. The visit will end with our departure at 4.30 pm, with an estimated arrival time back in Exeter of c.7 pm.

The cost of the trip, to include coach travel, will be £15 per person; very generously, the University is providing the buffet lunch for us. If you would like to join us, please complete the form below and send it with your remittance (cheques payable to the 'University of Exeter') as indicated no later than 22 June.

David Batty, UERSA Chair (D.F.Batty@exeter.ac.uk)

To: David Batty, UERSA Chair, c/o The Old Coach House, North Street, Topsham, Exeter EX3 0AP

Please reserve places for me/us (@ £15 per place) on the visit to the Penryn Campus on Wednesday 4 July.

I enclose a cheque for £ made payable to the 'University of Exeter'.

Name (s)

Address

.....

E-mail Telephone

Please indicate here any special dietary requirements